Lamar University Intercollegiate Athletics

Institutional Drug Education & Testing Program

PHILOSOPHY
The Department of Intercollegiate Athletics at Lamar University believes that the abuse of legal drugs and/or the use of illegal drugs can adversely affect the health and safety as well as the academic capability of student-athletes. In an effort to minimize the possibility that a student-athlete may jeopardize his or her own physical and academic performances, the Department of Intercollegiate Athletics at Lamar University has developed the following drug testing policy and procedure. This policy is separate from the NCAA Drug Testing Program.

POLICY
The Department of Intercollegiate Athletics at Lamar University reserves the right to require a urine specimen from any participant in a sports program recognized, operated or controlled by or under the authority of the Department of Intercollegiate Athletics. Eligible participants include all student-athletes appearing on the team’s NCAA squad list and all current athletic training students (hereafter referred to as “student-athletes”).

The Department of Intercollegiate Athletics will randomly select student-athletes for testing. The testing period will be year-round beginning on either the day an individual sport has its initial NCAA eligibility meeting or the first day of classes in the fall semester as listed on the official University calendar, whichever comes first. This includes any official University breaks or closures. Student-athletes are subject to drug testing at the entry physical exam process (note: this process may be split over different days).

There is no prior notification required for the drug test. Screening may be done for any substance appearing on the NCAA banned substance list. The NCAA banned substance list may be obtained from the Head Athletic Trainer, the Compliance Director, or online at www.ncaa.org. A consent form authorizing the taking and testing of urine samples (Appendix A) shall be signed annually by each student-athlete. If the student-athlete is a minor, a parent or guardian’s signature will be required. Analysis of specimens provided for testing will be performed by an independent laboratory selected by the Department of Intercollegiate Athletics. Test results shall be shared with those identified in the consent form. Strict confidentiality of test results, except as authorized by the consent form, shall be maintained in accordance with the procedures which follow. If there is reasonable suspicion that a student-athlete is using banned drugs and substantial proof can be documented using the Probable Cause to Suspect Drug Use Notification form (Appendix B), the suspected student-athlete may be selected for drug testing at the discretion of the Director of Athletics. Any student-athlete having a history of a positive drug test while at Lamar University may be subject to testing at any time.

At the discretion of the Director of Athletics, each athletics team may be tested in its entirety.

At the beginning of each academic year or at other times as determined by the Department of Intercollegiate Athletics at Lamar University, a presentation will be made to all intercollegiate student-athletes to review and explain the Department of Intercollegiate Athletics’ drug testing policy and procedure. The consent forms will be signed at that time and secured in each student-athlete’s medical file in the office of the Head Athletic Trainer.

Lamar University has designated the Head Athletic trainer as the NCAA required designated responder for student-athlete and athletics department staff members. The designated responder is able to advise student-athletes about the NCAA list of banned drug classes and to advise them regarding the use of nutritional supplements.

Lamar University is obligated to warn student-athletes that any nutritional supplement use may endanger the student-athlete’s health and eligibility. Dietary and nutritional supplements are not well regulated, may contain NCAA banned substances, and are taken at the student athletes’ own risk. Student-athletes are encouraged to check with their designated staff member before consuming any substance other than food.

(Revised April 2012)
Lamar University has a desire to maintain the most up-to-date testing procedures, including partnership with The National Center for Drug Free Sport (DFS) to improve drug-testing detection. Negative samples are retained by the authorized laboratory for a short period of time after results notification, generally seven (7) days, and are then discarded. Because of its partnership with DFS, Lamar University agrees that after the 7-day period has passed, negative discard samples may be used for research purposes by DFS laboratories.

PURPOSES
The purposes of the Lamar University drug testing policy are:

1. To inform and educate the student-athletes as to the harmful effects of substance abuse and misuse;
2. To deter the potential abuse of, misuse of, or experimentation with drugs and other physically or psychologically harmful substances;
3. To provide any student-athlete determined to be affected by substance use or abuse with the opportunity to obtain rehabilitation through professional evaluation counseling, or referral for treatment; and
4. To protect and preserve the integrity of the individual student-athlete, the Department of Intercollegiate Athletics at Lamar University, and Lamar University.

PROCEDURES
Urine samples will be secured for testing in the following manner:

1. Student-athletes who have been selected for institutional drug testing by the Department of Intercollegiate Athletics will be notified no more than 24 hours prior to the testing. At this time, the student-athlete will sign the Drug Testing Notification Form (Appendix C), which confirms the student-athlete received notice of his/her selection for drug testing and notifies the student-athlete of the time and location of testing.

2. Upon arriving at the designated location, the student-athlete will sign the drug testing roster to check-in. After checking in, the student-athlete will not be allowed to leave the testing site until a valid urine sample has been collected. The student-athlete will select the vial he/she desires to use for the collection.

3. A member of the Athletic Training staff, or designee, of the same gender as the student-athlete will require the student-athlete to rinse with water only, no soap, and dry his/her hands, and will monitor the furnishing of the specimen by observation in order to assure the integrity of the specimen.

4. Fluids and food will be provided for student-athletes who have difficulty providing a specimen. These fluids and food will be sealed, caffeine-free, alcohol-free and free of all banned substances. Other fluids and food items will not be allowed in the collection site.

5. If a specimen is incomplete, the student-athlete must remain in the collection area until the sample is complete. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.

6. Once the student-athlete provides a specimen (at least 60mL), the Athletic Training staff member who monitored the furnishing of the specimen by observation will sign that the specimen was directly validated. The Drug Testing Coordinator will then check the specific gravity and pH of the urine in the presence of the student-athlete.

7. If the urine has a specific gravity below 1.005 or a pH greater than 7.5 or less than 4.5, the specimen will be rejected and a second specimen required. The student-athlete will select a new vial for subsequent specimen collections.

8. If the urine has a specific gravity above 1.005, the urine has a pH between 4.5 and 7.5 inclusive, and the urine temperature in the acceptable range, the specimen will be split into “A” and “B” specimens, processed and sent to an independent laboratory for testing. Final determination of the specimen adequacy will be made by the laboratory.
9. The student-athlete will maintain control of his/her specimen throughout the entire collection process. When the collection vial is sealed and packaged to send to the laboratory for testing, the student-athlete will be required to sign the chain of custody form acknowledging that the sample is his/hers, the sample was in his/her control throughout the collection, and he/she was able to observe the packaging of the sample.

10. Any student-athlete who refuses to provide a specimen, is unable to provide an acceptable specimen, or fails to appear at the time scheduled for testing, will be considered as having a positive test.

11. Tampering with or adulterating a urine specimen in an attempt to alter its natural characteristics and/or form or providing a specimen that is not your own will be considered a positive test.

12. Any student-athlete who qualifies for an NCAA Championship may be tested prior to attending the championship. If a student-athlete tests positive during this test, he or she will not participate at the NCAA Championships.

**PENALTIES**

Student-athletes demonstrating positive test results will be subject to the following actions:

1. If any student-athlete tests “positive”, that is, if the tests show the presence of a banned substance or its metabolite, the Team Physician or Head Athletic Trainer will inform the Director of Athletics, the Head Coach and the student-athlete within 48 hours (excluding weekends) after the positive test confirmation has been received from the laboratory. The Team Physician or Head Athletic Trainer may meet privately with the student-athlete to explain the type of substance identified.

2. In the event of any positive drug test, the Director of Athletics or designee will communicate the results of the drug test with the parent(s) and/or guardian(s) of the student-athlete. Notification of the parent(s) and/or guardian(s) will take place following notification of the Head Coach and the student-athlete of the positive test result. The student-athlete may be present during the parent and/or guardian notification.

3. In a first positive test, if a street drug or drugs or street drug metabolites are discovered to be present in the student-athlete, the student-athlete may be referred to the student health center or to a private evaluation and treatment facility for appropriate treatment. The decision will be made at the professional discretion of the Team Physician, Director of Athletics, and Head Athletic Trainer. Upon confirmation of a first positive test for street drug or drugs or street drug metabolites, the student-athlete will be disciplined at the discretion of the head coach of his/her sport. The disciplinary action taken by the head coach will be recorded on the Disciplinary Action Contract (Appendix D) and placed in the student-athlete’s confidential file located in the Department of Intercollegiate Athletics.

4. In the event a second positive test result for street drugs or street drug metabolites is confirmed under and consistent with the method described above, the student-athlete, Director of Athletics, Head Athletic Trainer, Senior Women’s Administrator, Compliance Director, and Head Coach may discuss, either in person or by telephone, the actions to be taken by the Department of Intercollegiate Athletics. A second positive test is defined as a subsequent positive test after the initial positive test for any street drug or its metabolites (not necessarily the substance previously causing a positive) during the student-athlete’s intercollegiate athletic career. It will be the sole discretion of the Team Physician if a subsequent positive test of an identical substance indicated further usage or residual substances from the initial positive test.

5. Upon confirmation of a second positive test result for street drugs or street drug metabolites, the student-athlete will be declared immediately ineligible for 25% of the overall number of contests (excluding exhibition contests or foreign tours) as determined by the official contest schedule as of the first date of competition. The percentage will be rounded to the nearest whole number. In the event the percentage is exactly half of a whole number, it will be rounded up. In the event that any competition suspension is not served in its entirety during the current competitive season, the remainder of the penalty will be served at the beginning of the next competitive season that the student-athlete competes (excluding exhibition games). If the second positive test occurs outside of the competitive season, the penalty will commence at the start of the next regularly scheduled
competitive season. The Director of Athletics or designee will confirm with the student-athlete’s coach the actual number of competitions the student-athlete is ineligible to participate in.

6. A student-athlete receiving a competition suspension shall be permitted to return to competitive status only with clearance from the Team Physician, Head Athletic Trainer, and Director of Athletics and only after completion of agreed upon terms of the suspension. Additionally, a competition suspension cannot be served concurrently with an illness or injury that would prevent participation as determined by the Head Athletic Trainer and/or Team Physician.

7. A third positive test result for street drugs or street drug metabolites will result in permanent loss of eligibility for the remainder of the student-athlete’s intercollegiate career at Lamar University and loss of any athletics-related scholarships.

8. In a first positive test where anabolic steroids or masking agents are identified as present within the student-athlete’s system, the student-athlete will be declared ineligible for a complete calendar year (365 days) beginning on the date the positive test was confirmed.

9. A second positive test for anabolic steroids or masking agents will result in permanent loss of eligibility for the remainder of the student-athlete’s intercollegiate career at Lamar University and loss of any athletics-related scholarships.

10. In the event of any positive drug test, a student-athlete will be given a list of expectations that will need to be met prior to reinstatement to the team. These expectations may include, but are not limited to: maintaining sound academic standing, possible selections for monthly drug testing, attendance at counseling, and maintaining good citizenship as a student-athlete at Lamar University. These expectations will be discussed during a meeting with the student-athlete. Those present at this meeting may include the Director of Athletics, Team Physician, Head Athletic Trainer, Senior Women’s Administrator, Compliance Director, and Head Coach. Any additional persons present will be at the discretion of the Director of Athletics. Additionally, these expectations will be documented in the Disciplinary Action Contract (Appendix D). It will be reviewed by the student-athlete and signed by the Director of Athletics, Head Athletic Trainer, Head Coach, Senior Women’s Administrator, Compliance Director, and the student-athlete. A copy of this letter will be placed in the student-athlete’s confidential file located in the Department of Intercollegiate Athletics.

APPEALS PROCESS
Student-athletes demonstrating positive test results and wishing to appeal the results must follow the designated appeals process:

1. If the student-athlete challenges the test results, he/she must notify the Head Athletic Trainer or Director of Athletics in writing within 24 hours after the meeting to discuss the test results.

2. Upon receiving notice of challenge, the Head Athletic Trainer and/or Team Physician will meet with the student-athlete for further discussion about the reliability of the test and to determine whether an additional test should be administered. If an additional test is administered, the “B” specimen will be tested by the same laboratory that tested the “A” specimen. Re-testing of the original sample will be at the student-athlete’s own expense.

3. If the Team Physician and/or his designee determines the test results reflect a true positive, the test results may be communicated to the Director of Athletics, the Senior Women’s Administrator, the Compliance Director, and the Head Coach of the appropriate sport or sports. The student-athlete will be subject to the appropriate penalties as described previously.

4. If it is determined that the initial results were a “false positive”, the result will be documented in the student-athlete’s confidential file located in the Department of Intercollegiate Athletics. The student-athlete will not undergo disciplinary action.

(Revised April 2012)
Lamar University Intercollegiate Athletics

Safe Harbor Program

A student-athlete may self-refer to the Department of Intercollegiate Athletics’ “Safe Harbor Program” for voluntary evaluation and counseling. A student-athlete is not eligible for the Safe Harbor Program after notification of an impending drug test or after receiving notice of a positive Lamar University or NCAA Drug Test.

The student-athlete who desires to self-refer to the Safe Harbor Program may do so by notifying the Director of Athletics, Head Athletic Trainer, Senior Women’s Administrator, or Compliance Director, and completing the Request to Enter Safe Harbor Program form (Appendix E).

The Department of Intercollegiate Athletics will work with the student-athlete to prepare a Safe Harbor treatment plan, which may include confidential drug testing. If the student-athlete tests positive for a banned substance upon entering the Safe Harbor Program, that positive will not result in any administrative sanctions. The Team Physician may suspend the student-athlete from play or practice if medically indicated. A student-athlete will be permitted to remain in the Safe Harbor Program up to thirty (30) days, as determined by the treatment plan. A student-athlete will not be permitted to enter the Safe Harbor Program within thirty (30) days prior to NCAA or Southland Conference postseason competition.

While in compliance with the Safe Harbor Program, the student-athlete will not be included in the list of student-athletes eligible for random drug testing by the Department of Intercollegiate Athletics. **Student-athletes in the Safe Harbor Program may be selected for the NCAA Drug Testing Program.**

The Director of Athletics, Team Physician, Head Athletic Trainer, Senior Women’s Administrator, Compliance Director, and Head Coach may be informed of the student-athlete’s participation in the Safe Harbor Program. Other University employees may be informed only to the extent necessary for the implementation of this policy.

If a student-athlete tests positive on a second test for any banned substance after entering the Safe Harbor Program or fails to comply with the treatment plan, the student-athlete will be removed from the Safe Harbor Program. Any initial positive test under the Safe Harbor Program will be treated as a first positive, and the second positive test will result in action consistent with a second positive test.
Lamar University Intercollegiate Athletics

Nutritional Supplement Advisory Form

Nutritional Supplement Advisory: Student-athletes are responsible for any substance ingested. Nutritional supplements may contain NCAA banned substances, resulting in a positive drug test and loss of NCAA eligibility. Student-athletes are encouraged to check with the Head Athletic Trainer, the designated responder for questions about dietary supplements and NCAA banned drugs, before consuming any nutritional supplement or other substance other than food.

I, __________________________ fully acknowledge the risk of losing my eligibility
(Student-Athlete printed name)

to participate in intercollegiate athletics if I take a nutritional supplement and subsequently have a positive test for a NCAA banned substance, regardless of the reason or purpose for taking such nutritional supplement(s).

I acknowledge and understand that the labeling on nutritional supplements and similar products can be misleading and inaccurate, and that sales personnel are paid to sell these products and cannot accurately certify that these products contain no substances banned by the NCAA. I understand that nutritional supplements are not regulated by any agency, and therefore I may be unaware of the true contents of a supplement, including the possibility that a supplement contains a banned substance. I understand that terms such as “healthy” and “natural” do not necessarily mean that the product is safe to take or use.

Before taking or using any supplement, I am solely responsible for taking appropriate steps to ensure that it does not contain any substance banned by the NCAA. With my signature below, I am certifying that I will not take or use any nutritional supplement until the product has been reviewed by the institution’s Designated Responder (Appendix F). I understand that the review of supplement products by the Designated Responder does not necessarily deem the product(s) safe or free of NCAA banned substances.

More information on nutritional supplements can be found at:
www.drugfreesport.com/REC (password: ncaa1)

(Student-Athlete printed name) (signature) (date)

Joshua Yonker, MS, ATC, LAT
(Head Athletic Trainer – Institutional Designated Responder) (signature) (date)
Lamar University Intercollegiate Athletics

Institutional Drug Education & Testing Program
Consent and Authorization Agreement

For and in consideration of my being permitted to participate in Lamar University Intercollegiate Athletics, I hereby agree to abide by the principles and conditions of the drug testing program that has been adopted by the University for its athletic department and any amendments thereto for the duration of my participation in Lamar University Intercollegiate Athletics. I have received a copy of the University’s “Drug Education and Testing Program”, and have read and understand its provisions, including possible sanctions for violation of those provisions.

I hereby authorize the Department of Intercollegiate Athletics at Lamar University to obtain and release test analysis results and information pertaining to and obtained under the provisions of the Department of Intercollegiate Athletics’s drug education and testing program to those persons or entities identified in said program, including but not limited to: the Team Physician, Director of Athletics, Head Athletic Trainer, Senior Women’s Administrator, Compliance Director, Head Coach, a counseling professional within the Student Health Center of Lamar University, and a private treatment facility.

In the event of a confirmed positive test, the results will be released to a parent or guardian.

I also authorize the staff at the Student Health Center of Lamar University or any private substance abuse treatment center to release information regarding my attendance (or lack thereof) and satisfactory completion of any required counseling or education sessions mandated by Lamar University Intercollegiate Athletics.

By signing below, I consent to allow my drug-testing sample to be used by Drug Free Sport laboratories for research purposes to improve drug-testing detection. Research will only be conducted on negative samples following a 7-day period after negative test confirmation.

My execution of this form shall be consent for the release of such information under the Texas Medical Practice Act (Sec. 5.08(j), Art. 4495b, Vernon’s Texas Civil Statute(s)), the Texas Open Records Act (Sec. 3(a)(14), Art. 6252-17a, Vernon’s Texas Civil Statute(s)), and the Family Educational Rights and Privacy Act of 1974 (Title 20 U.S.C.A. Sec. 1232g). I further hereby release Lamar University, its Board of Regents, and its officers, employees and agents from any and all liability for the damages that may result from the authorized release of such information or records.

(signature of Student-Athlete) (date)

(printed name of Student-Athlete) (sport)

(signature of parent or legal guardian, if Student-Athlete is under 18 years of age)

(signature of Head Athletic Trainer)

(Revised April 2012)
Lamar University Intercollegiate Athletics

Institutional Drug Education & Testing Program
Probable Cause to Suspect Drug Use Notification Form

I, _________________________________, under the probable cause to suspect drug use or abuse report the
following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant
___________________________________ be referred for possible drug testing under the Department of Athletics
(Name of Student-Athlete)
Institutional Drug Education and Testing Program.

The following sign(s), symptom(s), and/or behavior(s) were observed by me over the past __________ hours and/or
__________ days. Please check below all that apply:

The Student-Athlete has shown:

____ irritability
____ loss of temper
____ poor motivation
____ failure to follow directions
____ verbal outburst
____ emotional outburst
____ sudden weight gain
____ sudden weight loss
____ sloppy hygiene and/or appearance

The Student-Athlete has been:

____ late for practice
____ late for class
____ not attending class
____ receiving poor grades
____ missing appointments
____ missing/skipping meals

The Student-Athlete has demonstrated the following:

____ dilated pupils
____ constricted pupils
____ red eyes
____ smell of alcohol on breath at practice
or competition
____ smell of marijuana
____ staggering or difficulty walking
____ constantly running and/or red nose
____ over stimulated or “hyper”
____ excessive talking
____ withdrawn and/or less communicative
____ periods of memory loss
____ slurred speech
____ combative behavior or fighting
____ been arrested, detained in jail, or received
a citation for a drug related offense

Other specific objective findings include:

_____________________________________________________________________________________________

_____________________________________________________________________________________________

_____________________________________________________________________________________________

_________________________________________________________

______________________________
(print name athletic staff member)

______________________________
(signature)

_____________
(date)

Reviewed by: Approved for testing:

______________________________ ____________________
(Director of Athletics) (Director of Athletics) YES NO

________
(date)

If approved for testing, forward copy of this form to Head Athletic Trainer. Place original in Student-Athlete’s permanent file.
Appendix C

Lamar University Intercollegiate Athletics

Institutional Drug Education & Testing Program
Notification Form

Athlete:

Identification Number: ___________________________ Sport: ___________________________
(Optional)

Date of notification: ___________________________ Time of notification: ___________________________ a.m./p.m.

I, The Undersigned:

Acknowledge being notified to appear for drug testing and have been notified to report to the drug-testing station at
______________________________ on ___________________________ on or before ___________________________
a.m./p.m. (location) (date) (time)

I will be prepared to provide an adequate specimen and will not over hydrate.

I understand that I may have a witness accompany me to the drug-testing site.

By signing, I have been notified of my selection for drug testing, and am aware of what is expected of me in preparation for this drug-testing event.

Athlete’s Signature: ___________________________

I can be reached at the following telephone number on day of test: ___________________________

Comments: ________________________________________________________________

For Collection Use Only:

Void No. 1: pH: _____ specific gravity: _____ Void No. 3: pH: _____ specific gravity: _____
Void No. 2: pH: _____ specific gravity: _____ Void No. 4: pH: _____ specific gravity: _____

SPORTS DRUG TESTING REMINDER

Athlete: ______________________________________________________________

Date of Test: ______________ Location: __________________________ Report Time: __________________________

(Revised April 2012)
I, ___________________________________, understand that on ____________________, I was found to have a positive drug test for the following substance(s): __________________________________________ 
____________________________________________
____________________________________________

This positive test constitutes a:
☐ First Positive Test  ☐ Second Positive Test  ☐ Third Positive Test

Following a meeting with the individuals whose signatures appear below, I understand that I will follow the appropriate sanctions for the offense as outlined in the Department of Intercollegiate Athletics’ Institutional Drug Education and Testing Program.

Additionally, my Head Coach has imposed the following sanctions and/or requirements:

_____________________________________________________________________________________________
_____________________________________________________________________________________________
_____________________________________________________________________________________________

Failure to comply with any of the above sanctions may result in my suspension, dismissal, and/or adjustment or termination of my scholarship.

I have read, understand, and agree to comply with the above.

______________________________  ______________________________  ____________________
(Student-Athlete name printed)  (Student-Athlete signature)  (date)

______________________________  ______________________________
(Director of Athletics)  (Head Coach)

______________________________  ______________________________
(Head Athletic Trainer)  (Senior Women’s Administrator)

______________________________
(Compliance Director)

(Revised April 2012)
Appendix E

Lamar University Intercollegiate Athletics

Institutional Drug Education & Testing Program

Request to Enter Safe Harbor Program

I, the undersigned, request to enter the Lamar University Intercollegiate Athletics Safe Harbor Program. I understand that by this request, I will:

- Be immediately tested for drugs according to procedures described in the Lamar University Drug Education and Testing Program
- Be evaluated by the Team Physician and/or a substance abuse counselor, as determined by the Team Physician
- Follow and complete the prescribed counseling and treatment plan
- Be subject to further drug testing at a frequency prescribed by the Team Physician and/or counselor
- Remain in the Safe Harbor Program until released by the Team Physician and/or counselor for a period of time not to exceed 30 days, and
- Not be eligible for selection to participate in drug screening under the Lamar University Intercollegiate Athletics Drug Education and Testing Program, but
- Will remain eligible for drug testing as mandated by the NCAA

Student-Athlete Name (printed): ____________________________

Student-Athlete Signature: ___________________________________  

Date: _______ ______________________

For Head Athletic Trainer and/or Team Physician:

SA Eligible for Safe Harbor Program: _____ Yes _____ No

Reviewed Safe Harbor Program with SA: _____ Yes _____ No

Signature: ________________________________________________

Title: ___________________________________________________

Date: _______ ______________________
Lamar University Intercollegiate Athletics

Nutritional Supplement Disclosure and Review Form

Nutritional Supplement Advisory: Student-athletes are responsible for any substance ingested. Nutritional supplements may contain NCAA banned substances, resulting in a positive drug test and loss of NCAA eligibility.

Through my signature, I acknowledge that I read and understood the Student-Athlete Nutritional Supplement Advisory and Review Form.

(Student-Athlete printed name) (signature) (date)

I am taking or intend to take the following nutritional supplements:

<table>
<thead>
<tr>
<th>Supplement Name &amp; Manufacturer</th>
<th>Listed Ingredients</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. __________________________</td>
<td>__________________</td>
</tr>
<tr>
<td>2. __________________________</td>
<td>__________________</td>
</tr>
<tr>
<td>3. __________________________</td>
<td>__________________</td>
</tr>
<tr>
<td>4. __________________________</td>
<td>__________________</td>
</tr>
</tbody>
</table>

To be completed by the Head Athletic Trainer – Designated Responder:

Notes: ____________________________________________

__________________________________________

(Head Athletic Trainer – Designated Responder printed name) (signature) (date)

(Student-Athlete printed name) (signature) (date)